

Name \_\_\_\_\_ Parish \_\_\_\_\_

### Reflection- Session 5: Sacraments of Healing

Read pp 30-31 in the workbook and read the Catholic Updates:

- The Sacrament of Reconciliation: Celebrating God's Forgiveness (CU0386)
- How to Celebrate the Sacrament of Reconciliation Today (C0800)
- Anointing of the Sick (C0196)

**PLEASE PRINT OR TYPE  
YOUR RESPONSES**

Please answer the following questions:

1. What do we celebrate in the Sacrament of Penance? \_\_\_\_\_

What is healed in the Sacrament of Penance? \_\_\_\_\_

3. How would you explain contrition and why is it the most important act of the penitent? \_\_\_\_\_

4. Who should receive the Sacrament of the Anointing of the Sick? \_\_\_\_\_

5. What are some of the effects of the Sacrament of the Anointing of the Sick? \_\_\_\_\_

6. What did you see or hear in this session that was especially meaningful to you or that helped your faith grow? \_\_\_\_\_

**Please turn in your reflection at the next session.**

## ***SACRAMENT OF THE SICK***

"The number of the anointings is to be adapted to the circumstances; the prayers that belong to the rite of anointing are to be so revised that they correspond to the varying conditions of the sick who receive the sacrament." (Constitution on the Liturgy, article 75)

### **ANOINTING WITHIN MASS**

1. Introductory Rites
  - Reception of the sick and opening prayer
2. Liturgy of the Word
3. Liturgy of Anointing
  - Litany of prayers for those being anointed and their caregivers
  - Laying on of hands
  - Prayer over the Oil of the Sick
  - Anointing: With the oil, the priest makes the Sign of the Cross on the person's forehead, saying: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit." The person responds, "Amen." The priest then makes the Sign of the Cross on the person's palm saying, "May the Lord who frees you from sin save you and raise you up." The person responds, "Amen."
  - Prayer after anointing
4. Liturgy of the Eucharist
5. Concluding Rites
  - Blessing and dismissal

### **ANOINTING OUTSIDE OF MASS**

1. Introductory Rites
  - Greeting and sprinkling with holy water
  - Penitential Rite
2. Liturgy of the Word
3. Liturgy of Anointing
  - Litany of prayers for those being anointed and their caregivers
  - Laying on of hands
  - Prayer over the Oil of the Sick
  - Anointing and prayer after anointing
  - The Lord's Prayer
4. Liturgy of Holy Communion
  - Communion and prayer after communion
5. Concluding Rite
  - Blessing

### **ANOINTING OUTSIDE OF MASS IN A HOSPITAL OR INSTITUTION**

1. Introductory Rites

- Greeting and instruction
2. Liturgy of Anointing
    - Laying on of hands
    - Anointing
    - The Lord's Prayer
    - Prayer after anointing
  3. Concluding Rite
    - Blessing