

Saint Nicholas and Saint William Mental Health Ministry



Mental Health Ministry Retreat Day

January 13, 2024

**You Matter
Your Mental
Health Matters
You Matter to Us**

**Join us for a day of
prayer, formation
and reflection**

**All are
welcome
to join us**

**Saturday, January 13
8:30 am to 3 pm
Saint William Church
611 S. El Monte Avenue, Los Altos, CA**

Continental breakfast, lunch provided
and mass will be celebrated

Register here to
reserve your spot:



**Keynote Speaker
Deacon Ed Shoener**

Founding Member and President of the Association of Catholic Mental
Health Ministers, Author, Founder of The Katie Foundation

Register, see full retreat details
and learn more about our
Mental Health Ministry
on our website

stnicholasandstwilliam.org